



**AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN**  
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For Immediate Release  
April 3, 2018

**Ryan Cowmeadow selected as new Executive Director**

Lansing, Michigan – President Bob Schlueter announced that Ryan Cowmeadow has been appointed Executive Director of the Area Agencies on Aging Association of Michigan (4AM). “Ryan has extensive aging network experience and will be a tremendous asset to the organization,” said Schlueter.

Cowmeadow comes to 4AM from the Area Agency on Aging 1-B (AAA 1-B). During his time with the AAA 1-B he worked as a Planner/Advocacy Specialist before supporting the clinical arm of the business as a Clinical Manager and eventually Director of Community Living and Clinical Operations. While at AAA 1-B Cowmeadow worked closely with 4AM as a member of the Older Michiganian’s Day Steering Committee and as a member of the Silver Key Coalition advocating to make Michigan a no wait state for in-home services. “I am both humbled and honored to support Michigan’s network of Area Agencies on Aging and the quality-of-life enhancing work that they do across the state every single day.” Cowmeadow earned both his BS and MSW from Eastern Michigan University where he has been a part-time faculty member in the School of Social Work and Aging Studies Program since 2010.

As Executive Director, Cowmeadow will represent the 16 Area Agencies on Aging (AAAs) serving older adults and adults with disabilities in all 83 counties of the state. The mission of Area Agencies on Aging is to support independence, quality-of-life, and the ability of older adults and adults with disabilities to remain living in the communities they call home. Michigan’s AAAs have over 40 years of experience supporting this mission.

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