

AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN

PRESENTS

AGE STRONG!
LIVE LONG!

23RD
ANNUAL
CONFERENCE

MAY 18 & 19, 2010

KELLOGG HOTEL AND CONFERENCE CENTER
MICHIGAN STATE UNIVERSITY
EAST LANSING

PRELIMINARY PROGRAM - REGISTER NOW!

PROGRAM AT A GLANCE

Tuesday, May 18

- 8:00— 9:00am Registration & continental breakfast
9:00—10:30am Panel: Aging Pundits
11:00—12:30pm Workshops
12:30— 2:30pm Lunch: Aging & Brain Fitness sponsored by
Michigan Society of Gerontology
2:30— 4:00pm Workshops

Wednesday, May 19

- 8:00— 9:00am Registration & continental breakfast
9:00—10:30am Keynote: Cindy Padilla, Administration on
Aging, Washington, D.C.
11:00—12:30pm Workshops
12:30— 2:30pm Lunch: Long Term Care Reform
2:30— 4:00pm Workshops

PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association
Carlton Nogle, LMSW, Tri-County Office on Aging
Stephanie Ware, RN, BSN, MPA, Tri-County Office on Aging

CONTINUING EDUCATION CREDITS

This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Applications have also been submitted for other professional groups. Call Mary Ablan at (517) 886-1029, ext. 14 for more information about contact hours.

Tuesday, May 18



8:00-9:00 am Registration

Exhibits and continental breakfast in Big Ten A

9:00-10:30 am Opening Session—Big Ten B

AGING PUNDITS: WHAT ARE THEY THINKING? *N, SW, NHA, AFC*

Sharon Gire, MSW, Director, Office of Services to the Aging

Steve Gools, BA, Director, Michigan AARP

Lynn Kellogg, MPA, President, National Association of Area
Agencies on Aging

Janet Olszewski, MSW, Director, Department of Community Health

Janet Witt, MS, RD, Grassroots Manager, National Committee to
Preserve Social Security & Medicare

For the first time, we bring together top aging experts to share their collective wisdom, interpret the meaning of recent events, and predict the future of aging policy and programs. Conference participants can submit questions in advance — send to ablan@iserv.net with “aging pundits” in the subject line.

11:00-12:30 pm Workshops

■ MEDICAL MARIJUANA *N, SW, NHA, AFC*

James Boal, M.D., Angelus Hospice, Livonia

This session will explain Michigan’s new law legalizing the medical use of marijuana, review the research about medicinal benefits and examine the pros and cons of using marijuana for pain therapy.

■ NON-ALZHEIMER’S DEMENTIAS *N, SW, NHA, AFC*

Shelly Weaverdyk, Ph.D.,

Dementia with Lewy Bodies and Frontotemporal Dementia will be the focus of this workshop, contrasting these with Alzheimer’s disease and presenting intervention differences based on diagnosis.

■ CULTURAL COMPETENCE WITH REFUGEES *N, SW, NHA, AFC*

Judi Harris, MA, Abdulaziz Osman, Aung Changmaah & Yadu Baral, St. Vincent Catholic Charities, Lansing

Providers need to know the social, religious and cultural practices of refugee populations coming to Michigan. This workshop will highlight the Bhutani, Iraqi and Somali cultures.

- **BEST PRACTICES IN CONGREGATE MEALS** *SW, NHA, AFC*
Sue Fickau, MS, Senior Center Coordinator, St. Clair Shores
Karen Jackson, RD, Nutrition Contracts Manager, AAA I-B,
Southfield
Sharon TerHaar, AA, Director, AgeWell Services of Muskegon
Ideas for reinventing senior meals programs will be presented,
including economical ways to transform a senior center and a 'Best
Chef Fest' testing new menu items.

- **CARE TRANSITIONS** *N, SW, NHA, AFC*
Donna Beebe, RN BSN, Project Manager, Sandra Sorenen, RN,
Project Coordinator, and Barb Smith, MS, Quality Improvement
Project Coordinator, Michigan Peer Review Organization
Kirsten Laing, LMSW, Care Manager, Tri-County Office on Aging,
Lansing
\$20 billion is the annual pricetag when Medicare beneficiaries
leaving the hospital have to go back because they run into problems.
Preventing unnecessary rehospitalizations is the focus of a cutting-
edge pilot project operating in Ingham, Eaton and Clinton counties.
This session repeats in the afternoon.

12:30-2:30 pm Presentation and Lunch—Big Ten B

AGING & BRAIN FITNESS: RESEARCH & PRACTICE *N, SW, NHA, AFC*

Tom Jankowski, PhD, Institute of Gerontology, Wayne State Univ.
Andrea Bozoki, MD, Director, Cognitive and Geriatric Neurology,
Michigan State University

Bruno Giordani, PhD, Associate Director, Michigan Alzheimer's
Disease Research Center

Kevin Foley, MD, Director, Geriatric Division, College of Human
Medicine, Michigan State University

Sponsored by the Michigan Society of Gerontology, this session will
present an overview of the latest research on brain function as we
age, cognitive impairment and strategies for brain fitness. Learn
about optimizing cognitive health, early detection of functional
impairment, early interventions and mobilizing resources. Has both
practice and personal relevance.

2:30-4:00 pm Workshops

- **ASSISTIVE TECHNOLOGY FOR COGNITIVE NEEDS** *N, SW, NHA, AFC*
Norm DeLisle, Director, Michigan Disability Rights Coalition
Participants will learn about the plethora of assistive devices designed for each type of cognitive impairment, have a hands-on opportunity to try out many devices, be briefed on places to find out about devices, and learn about assistance in paying for them.
Repeats on May 19 in the afternoon.

- **USING DOGS FOR INDEPENDENCE** *N, SW, NHA, AFC*
Beth Spanski, BA, For Better Independence Assistance Dogs, Leslie
Learn about the variety of assistance dogs and the universe of dog providers in Michigan, resources that pay for dogs, client suitability, and how to link your clients to appropriate providers. A trained service dog will be on hand to provide a demonstration.
Repeats on May 19 in the afternoon.

- **CARE TRANSITIONS** *N, SW, NHA, AFC*
Donna Beebe, RN BSN, Project Manager, Sandra Sorenen, RN, Project Coordinator, and Barb Smith, MS, Quality Improvement Project Coordinator, Michigan Peer Review Organization
Kirsten Laing, LMSW, Care Manager, Tri-County Office on Aging, Lansing
\$20 billion is the annual pricetag when Medicare beneficiaries leaving the hospital have to go back because they run into problems. Preventing unnecessary rehospitalizations is the focus of a pilot project operating in Ingham, Eaton and Clinton counties.

- **MEDICARE UPDATE** *SW, NHA, AFC*
Rebecca Kinney-Phillips, M.S.W., MMAP Inc., Lansing
Get the latest on Medicare Advantage plans, improvements in Medicare Savings Programs, and new standardized plans for Medicare supplemental insurance.
Repeats on May 19 in the afternoon.

Wednesday, May 19



8:00-9:00 am Registration
Exhibits and continental breakfast—Big Ten A

9:00-10:30 am Opening Session—Big Ten B
A NEW PAGE: REPORT FROM THE ADMINISTRATION ON AGING
N, SW, NHA, AFC

Cindy Padilla, BSW, Principal Deputy Assistant Secretary on Aging
Hear the perspectives and priorities of the Obama Administration in aging, disability and long term care. Learn about AoA's planning efforts for the reauthorization of the Older Americans Act, and any early thinking on possible revisions to the Act. Given Sec. Padilla's New Mexico experience, will also feature insights on how that state rebalanced long term care. Participants can submit questions in advance — send to ablan@iserv.net with "question for AoA" in the subject line.

11:00-12:30 noon Workshops

■ DETROIT'S DIABETES SELF-MANAGEMENT INITIATIVE
N, SW, NHA, AFC

Paul Bridgewater, MPA, President & CEO, Faiz Eshaki, MBA, CFO, Gale Simmons, LMSW, VP of Community Services and Anita Kanakarlis, MA, Healthy Aging Manager
Detroit Area Agency on Aging
Detroit is one of 12 communities selected by AoA to implement an evidence-based diabetes self-management program that will qualify for Medicare reimbursement. Learn how DAAA developed its program and the lessons learned that can help other communities in replicating this model.
Repeats in the afternoon.

■ STOPPING MEDICARE FRAUD AND ABUSE *N, SW, NHA, AFC*

Rebecca Kinney-Phillips, M.S.W., MMAP Inc., Lansing
A bad economy has fueled health care fraud and abuse — a growing problem across the country and in Michigan. This session will examine the latest fraud schemes in Michigan and how seniors, people with disabilities, and every health care consumer can be turned into a "fraud-fighter."

- FINDING A HOME IN THE COMMUNITY FOR PEOPLE WITH CHALLENGING CIRCUMSTANCES *N, SW, NHA, AFC*
 David Benjamin, RN, MSN, Waiver Director, A&D Home Care
 Monica Cremins, LMSW, Transition Specialist, Tri-County Office on Aging, Lansing
 Last year, state policies were revised allowing people in licensed adult foster care and homes for the aged to enroll in the MI Choice Waiver. Speakers will explain how this new option works and how it can benefit people transitioning from nursing homes and people living in the community. Many case examples will be shared. Familiarity with the MI Choice Waiver necessary.
 Repeats in the afternoon.
- SOCIAL MEDIA BASICS FOR ORGANIZATIONS *N, SW, NHA, AFC*
 Kathryn Gillen, BA, Public Policy Specialist, Disability Network/Lakeshore, Holland
 Tera Qualls, BS, Program Coordinator, Melvane Tardy, BAGE, Nonprofit Leadership Institute, Grand Valley State University, Grand Rapids
 Facebook, Twitter, LinkedIn, Flickr and other social media are great tools for communicating with clients, employees, partners, donors, job applicants and other groups. Learn the basics of social media and how a Center for Independent Living is using these tools.
- BEST PRACTICES IN PROGRAM INCOME *SW*
 Pam Curtis, BSW, Director, and Amy Florea, BS, Senior Resources, Muskegon
 Bonnie Forbes, Director, Wexford County Council on Aging
 Terry Vear, MPA, Director, Hillsdale County Senior Services Center
 Find out how three agencies have developed creative ways of maximizing program income during these tough times. Best practices include 100% federal/state grant-funded programs as well as programs with mixtures of grant funding and senior millage.

12:30-2:30 pm Presentation and Lunch—Big Ten B

WHAT'S NEW IN LONG TERM CARE REFORM *N, SW, NHA, AFC*

Peggy Brey, MSW, Deputy Director, & Jane Church, Departmental Specialist, Office of Services to the Aging

Carol Barrett, PhD, So What Evaluation

Ellen Speckman-Randall, MA, Project Director—Nursing Facility Transitions Initiative, Medical Services Administration

Hollis Turnham, JD, Michigan Director, PHI

Michigan continues down the path of long term care reform despite the economic crisis. This session will explain current reform efforts including resource centers, nursing facility transitions, the OSA community living program/services for veterans, and workforce studies and training opportunities.

2:30-4:00 pm Workshops

■ ASSISTIVE TECHNOLOGY FOR COGNITIVE NEEDS *N, SW, NHA, AFC*

Norm DeLisle, Director, Michigan Disability Rights Coalition

Participants will learn about the plethora of assistive devices designed for each type of cognitive impairment, have a hands-on opportunity to try out many devices, be briefed on places to find out about devices, and learn about assistance in paying for them.

■ DETROIT'S DIABETES SELF-MANAGEMENT INITIATIVE

N, SW, NHA, AFC

Paul Bridgewater, M.P.A., President & CEO, Faiz Esshaki, MBA, CFO, Gale Simmons, LMSW, VP of Community Services, and Anita Kanakaris, MA, Healthy Aging Manager

Detroit Area Agency on Aging

Detroit is one of 12 communities selected by AoA to implement an evidence-based diabetes self-management program that will qualify for Medicare reimbursement. Learn how DAAA developed its program and the lessons learned that can help other communities in replicating this model.

■ USING DOGS FOR INDEPENDENCE *N, SW, NHA, AFC*

Beth Spanski, BA, For Better Independence Assistance Dogs, Leslie
Learn about the variety of assistance dogs and the universe of dog providers in Michigan, resources that pay for dogs, client suitability, and how to link your clients to appropriate providers. A trained

service dog will be on hand to provide a demonstration.

- **MEDICARE UPDATE** *SW, NHA, AFC*
Rebecca Kinney-Phillips, M.S.W., MMAP Inc., Lansing
Get the latest on Medicare Advantage plans, improvements in Medicare Savings Programs, and new standardized plans for Medicare supplemental insurance.

- **FINDING A HOME IN THE COMMUNITY FOR PEOPLE WITH CHALLENGING CIRCUMSTANCES** *N, SW, NHA, AFC*
David Benjamin, RN, MSN, Waiver Director, A&D Home Care
Monica Cremins, LMSW, Transition Specialist, Tri-County Office on Aging, Lansing
Last year, state policies were revised allowing people in licensed adult foster care and homes for the aged to enroll in the MI Choice Waiver. Speakers will explain how this new option works and how it can benefit people transitioning from nursing homes and people living in the community. Many case examples will be shared. Familiarity with the MI Choice Waiver will be necessary.



VISIT OUR WEBSITE AT WWW.MI-SENIORS.NET

Cancellation Policy

The registration fee, minus a \$30 processing fee, will be refunded if the registration is cancelled by May 7. No refunds will be made after this date. Individuals who do not attend, but have registered without paying, will be billed \$90 per day to cover food costs incurred by their registration.

CONFERENCE REGISTRATION

Call 1-800-875-5090 for an overnight room reservation. A special \$95 single/double rate is available through April 17—mention our conference.

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Email: _____ Phone: _____

Earlybird Registration (deadline is April 16)

Both days _____ \$220 (member & associate member)
_____ \$260 (non-member)

One-day
___ May 18 or ___ May 19 _____ \$120 (member & associate member)
_____ \$140 (non-member)

Registration after April 16

Both days _____ \$260 (member & associate member)
_____ \$300 (non-member)

One-day
___ May 18 or ___ May 19 _____ \$160 (member & associate member)
_____ \$180 (non-member)

Allergies or special dietary needs:

**Return to: AAAAM
6105 W. St. Joseph, Suite 204
Lansing, MI 48917
Phone (517) 886-1029, fax (517) 886-1305**

Sponsor/exhibit opportunities available—www.mi-seniors.net.

WORKSHOP SELECTIONS

Send this form with your conference registration.

Tuesday, May 18

Morning workshops:

- Medical Marijuana
- Non-Alzheimer's Dementias
- Cultural Competence with Refugees
- Best Practices in Congregate Meals
- Care Transitions

Afternoon workshops:

- Assistive Technologies for Cognitive Needs
- Using Dogs for Independence
- Care Transitions
- Medicare Update

Wednesday, May 19

Morning workshops:

- Detroit's Diabetes Self-Management Initiative
- Stopping Medicare Fraud and Abuse
- Finding a Home in the Community for People with Challenging Circumstances
- Social Media Basics for Organizations
- Best Practices in Program Income

Afternoon workshops:

- Assistive Technologies for Cognitive Needs
- Detroit's Diabetes Self-Management Initiative
- Using Dogs for Independence
- Medicare Update
- Finding a Home in the Community for People with Challenging Circumstances

ADA ACCOMMODATIONS

If you require accommodations to permit your attendance or participation, please send a written request by April 16 to Lynn Gustafson by mail (AAAAM, 6105 W. St. Joseph, Suite 204, Lansing, MI 48917) or email at lynn@mmapinc.org.