

AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN

PRESENTS THE

OUR VISION IS 2020

22ND
ANNUAL
CONFERENCE

MAY 21 & 22, 2009

KELLOGG HOTEL AND CONFERENCE CENTER
MICHIGAN STATE UNIVERSITY
EAST LANSING

YOU ARE CORDIALLY INVITED . . .

to the 22nd Annual AAAAM Conference, designed to meet the training needs of professionals working with older adults and people with disabilities. This invitation features a summary of the program, including 4 general sessions and 20 workshops. Continuing education credits are pending for social workers, adult foster care owners and administrators, and nursing home administrators.

This continuing nursing education activity was approved by Michigan Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

You can attend one day or both days, with registrations accepted on a first-come, first-served basis. Call the Kellogg Hotel at 1-800-875-5090 by April 20 to make your room reservation. A special \$94 single/double rate is available—mention our conference.

PROGRAM AT A GLANCE

Thursday, May 21

8:00— 9:00am Registration & continental breakfast
9:00—10:30am Keynote: Attorney General Michael Cox
11:00—12:30pm Workshops
12:30— 2:30pm Luncheon: Great Relationships by PHI
2:30— 4:00pm Workshops

Friday, May 22

8:00— 9:00am Registration & continental breakfast
9:00—10:30am Keynote: Sandy Markwood, N4A
11:00—12:30pm Workshops
12:30— 2:30pm Luncheon: Nursing Home Diversion
2:30— 4:00pm Workshops

PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association
Carlton Nogle, LMSW, Tri-County Office on Aging
Stephanie Ware, RN, BSN, MPA, Tri-County Office on Aging

CONFERENCE AGEND

Thursday, May 21

8:00-9:00 am Registration & con

9:00-10:30 am Opening Session

PROTECTING OLDER CONSUMERS

Michael Cox, JD, Attorney General

Michigan's chief law enforc

will talk about the top issue

- quality long term care, aff

costs, fraud, scams and ex

11:00-12:30 pm Workshops

■ **DEVELOPING A PERSON-CEN**

Chris Hennessey, MA, Lansin

Al Swain, BA, Capital Area C

Will discuss differences be

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disability-sensitive in the w

■ **INTRODUCTION TO DEATH I**

Dean Sienko, MD, Chief Med

Sargeant Traci Ruiz, MA, Lar

Donna Hobart, MA, Tri-Count

Learn about this innovative

and prosecuting elder abus

■ **ISSUES IN SERVING GLBT**

Keith Morris, JD, MPA, Elder

This session will explore th

gay, lesbian, bisexual and

providers need to know.

CONFERENCE AGENDA

Thursday, May 21

8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session in Big Ten A&B

PROTECTING OLDER CONSUMERS

Michael Cox, JD, Attorney General of Michigan, and staff
Michigan's chief law enforcement officer and his staff
will talk about the top issues facing older consumers
- quality long term care, affordable health care, utility
costs, fraud, scams and exploitation.

11:00-12:30 pm Workshops

■ DEVELOPING A PERSON-CENTERED APPROACH

Chris Hennessey, MA, Lansing Community College
Al Swain, BA, Capital Area Center for Independent Living
Will discuss differences between person-centered
and traditional approaches, identify key elements of
person-centeredness and describe how this
knowledge changes the way you assist older adults
and adults with disabilities. Will cover how language
affects perceptions of people and becoming more
disability-sensitive in the words we use.

■ INTRODUCTION TO DEATH REVIEW BOARDS

Dean Sienko, MD, Chief Medical Officer, Ingham County
Sargeant Traci Ruiz, MA, Lansing Police Department
Donna Hobart, MA, Tri-County Office on Aging
Learn about this innovative approach for detecting
and prosecuting elder abuse in Ingham County.

■ ISSUES IN SERVING GLBT SENIORS

Keith Morris, JD, MPA, Elder Law of Michigan
This session will explore the unique issues facing
gay, lesbian, bisexual and transgender seniors that
providers need to know.

■ **MEDICAID ELIGIBILITY FOR LONG TERM CARE-PART I**

Doug Chalgian, JD, CELA, and Amy Tripp, JD
Learn from top elder law experts about Medicaid eligibility rules for nursing facilities and MI Choice. Part I will cover income, assets and spousal protections.

■ **COMMUNITY PARTNERSHIPS FOR SENIOR HEALTH**

Linda Grap, BA, Senior Health Partners
Karla Fales, BS, Region 3-B Area Agency on Aging
Promoting senior health works best when it's a community effort. Hear the ins and outs of developing a partnership.

■ **MICHIGAN'S GATEKEEPER PROGRAM**

Deborah Harmon, Consumers Energy
Cindy Albrecht, MA, Office of Services to the Aging
Suzanne Filby-Clark, BA, Area Agency on Aging of Western Michigan
Will outline the features of the Gatekeeper program, an 'eyes and ears' method of detecting problems and assisting older adults using Consumers Energy employees, and the role of Area Agencies on Aging in making this program successful.

12:30-2:30 pm Presentation and Lunch (included)

GREAT RELATIONSHIPS - THE HEART OF QUALITY LONG TERM CARE

Hollis Turnham, JD, Tameshia Bridges, MSW, Maureen Sheahan, BA, & Cean Eppelheimer, BS, PHI
Judy Sivak, MSW, Region 3-A Area Agency on Aging
Joyce Lovse, BA, Angelcare, Inc.
Cheryl Lanier, Home Help provider
James Kneen, MS, Heritage Community of Kalamazoo
Scott Heinzman, State Organizer, ADAPT
Hear how pioneering LTC providers have undertaken dramatic change to create cultures that honor and enhance each individual's quality of care and life.

2:30-4:00 pm Workshops

■ **DEVELOPING A PERSON-CENT**

Chris Hennessey, MA, Lansing
Al Swain, BA, Capital Area C
Will discuss differences between person-centeredness and traditional approaches and how knowledge changes the way we work with older adults and adults with disabilities. How this affects perceptions of people with disabilities and disability-sensitive in the work

■ **LOCATING AFFORDABLE &**

Nelson Grit, MA, Michigan Di
Participants will be able to find websites and agency resources for purchasing and maintaining a car about grant opportunities for

■ **BUILDING CONSENSUS FOR IMPROVEMENT**

Maureen Sheahan, BA, and C
Leaders have the best intention to introduce change to improve services frequently find a good bit of resistance workshop will demonstrate how to and focus participation so everyone stakeholders support change

■ **MEDICAID ELIGIBILITY FOR LONG**

Doug Chalgian, JD, CELA, and
Learn from top elder law experts about eligibility rules for nursing facilities Part II covers Medicaid planning process and common errors

■ **MEDICARE UPDATE**

Jo Murphy, BSW, MMAP, Inc
Get the latest on Part D and

2:30-4:00 pm Workshops

- **DEVELOPING A PERSON-CENTERED APPROACH** (repeat)
Chris Hennessey, MA, Lansing Community College
Al Swain, BA, Capital Area Center for Independent Living
Will discuss differences between person-centered and traditional approaches, identify key elements of person-centeredness and describe how this knowledge changes the way you assist older adults and adults with disabilities. Will cover how language affects perceptions of people and becoming more disability-sensitive in the words we use.

- **LOCATING AFFORDABLE & ACCESSIBLE HOUSING**
Nelson Grit, MA, Michigan Disability Rights Coalition
Participants will be able to find housing using websites and agency resources, locate assistance for purchasing and maintaining property, and learn about grant opportunities for housing improvement.

- **BUILDING CONSENSUS FOR QUALITY IMPROVEMENT**
Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI
Leaders have the best intentions when they introduce change to improve performance, but they frequently find a good bit of resistance. This workshop will demonstrate techniques to encourage and focus participation so employees and other stakeholders support change.

- **MEDICAID ELIGIBILITY FOR LONG TERM CARE - PART II**
Doug Chalgian, JD, CELA, and Amy Tripp, JD
Learn from top elder law experts about Medicaid eligibility rules for nursing facilities and MI Choice. Part II covers Medicaid planning, the application process and common errors to avoid.

- **MEDICARE UPDATE**
Jo Murphy, BSW, MMAP, Inc
Get the latest on Part D and Medicare Advantage

plans, enrollment time frames, and the changes and enhancements coming in 2009-2010.

- **PERSON-CENTERED INFORMATION & ASSISTANCE**
Lauren Swanson, MA, and Wendi Middleton, BS, Office of Services to the Aging
Becky Tyler, I&A Supervisor, Area Agency on Aging I-B
This workshop will critique current I&A service models and explain how person-centered thinking leads to new ways of delivering I&A services.

Friday, May 22

8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session in Big Ten A&B

FULFILLING THE PROMISE: PROJECT 2020

Sandy Markwood, MPA, National Association of AAAs

The Older Americans Act is modernized and the aging network is on the move. The network will take a giant leap forward with Project 2020, a campaign to boost resources for consumer information, health promotion and long term care options. Learn how you can help.

11:00-12:30 pm Workshops

- **PERSON-CENTERED CAPACITIES FOR CARE MANAGERS**
Carol Barrett, PhD, So What Evaluation
Wendi Middleton, BS, and Eric Berke, BSW, Office of Services to the Aging
Marcia Bondarenko, RN, Tri-County Office on Aging
Dawn Tyler, MA, Region IV Area Agency on Aging
Will discuss the core capacities needed for a person-centered approach and how care managers can move with change and embrace new ways of working with clients, shifting from power-over to power-with relationships.

- **USING APPRECIATIVE INQUIRY TO IMPROVE YOUR WORKPLACE'S STAFF ENGAGEMENT**
Maureen Sheahan, BA, and Catherine O'Connell, MA
This workshop offers an approach to staff engagement improvement and culture change that builds upon individual and organizational strengths and leads to higher levels of staff engagement so that change is more successful.

- **CULTURAL COMPETENCE FOR PROVIDERS**
Judy Harris, St. Vincent Catholic Medical Center
Providers need to know the cultural practices of refugee populations in Michigan. This workshop will focus on Iraqi and Somali cultures, for both individuals and three groups.

- **HOW TO START A PRODUCTIVE COMMUNITY PARTNERSHIP**
IT GOING ON
Joan Ilardo, PhD, Michigan State University
With the current focus on partnerships, it's important to know the types of community partners to look for, who to invite and how to get them involved. Sponsored by the Michigan Society on Gerontology.

- **DISABILITY & AGING NETWORKING**
Kathy McGeathy, BA, The Disability Network
Terri Cady, AD, Disability Network
Amy Maes, JD, Superior Alliance
This presentation will explore the role of Centers for Independent Living and how collaboration with Area Agencies on Aging is important, and how this collaboration is important across the state.

- **USING APPRECIATIVE INQUIRY TO BUILD ON YOUR WORKPLACE'S STRENGTHS**
Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI
This workshop offers an approach to continuous improvement and culture change that draws out and builds upon individual and organizational strengths, and leads to higher levels of motivation and engagement so that change initiatives are more successful.

- **CULTURAL COMPETENCE WITH REFUGEES**
Judy Harris, St. Vincent Catholic Charities
Providers need to know the social, religious and cultural practices of refugee populations coming to Michigan. This workshop will highlight the Burmese, Iraqi and Somali cultures, featuring speakers from all three groups.

- **HOW TO START A PRODUCTIVE GROUP AND KEEP IT GOING**
Joan Ilardo, PhD, Michigan State University
With the current focus on partnerships, learn about the types of community partnerships, how to start one, who to invite and how to keep members involved. Sponsored by the Michigan Society of Gerontology.

- **DISABILITY & AGING NETWORK PARTNERSHIPS**
Kathy McGeathy, BA, The Disability Network
Terri Cady, AD, Disability Network of Mid-Michigan
Amy Maes, JD, Superior Alliance for Independent Living
This presentation will explore the roles and functions of Centers for Independent Living, how they compare with Area Agencies on Aging, discuss why collaboration is important, and give examples from across the state.

- **MEDICARE UPDATE (repeat)**
Jo Murphy, BSW, MMAP, Inc
Get the latest on Part D and Medicare Advantage plans, enrollment time frames, and the changes and enhancements coming in 2009-2010.

12:30-2:30 pm Presentation and Lunch (included)

NURSING HOME DIVERSION

Wendi Middleton, BS, Bonnie Graham, MSW, & Eric Berke, BSW, Office of Services to the Aging
Kathleen Kueppers, RN, Area Agency on Aging I-B
Tom Czerwinski, MPA, Area Agency on Aging of West MI
Karla Fales, BS, Region 3-B Area Agency on Aging
Michigan was awarded a federal grant to boost the aging network's efforts in diverting people from nursing homes. This panel will explain outcomes to date, training efforts, and the revised policies, standards and protocols used in pilot sites. Will describe the new role of Independent Living Consultant, and an initiative to serve veterans.

2:30-4:00 pm Workshops

- **SELF-DIRECTION IN AGING CARE MANAGEMENT**
Wendi Middleton, BS, Bonnie Graham, MSW, & Eric Berke, BSW, Office of Services to the Aging
Pam McNab, MSW, Office of LTC Supports & Services
Dawn Tyler, MA, Region IV Area Agency on Aging
Will provide an update on the self-direction efforts being implemented in the aging network, including types of self-direction, barriers, and how care managers are involved.
- **WHAT IT COSTS TO RETIRE AND PAY FOR LONG TERM CARE**
Kate White, BA, Elder Law of Michigan
Participants will learn 1) basic facts about poverty among older Michigianians, 2) how to quantify the

costs of living in retirement
economic security using the

- **BUILDING CONSENSUS FOR CHANGE (repeat)**
Maureen Sheahan, BA, and C...
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Keith Morris, JD, MPA, Elder Law
This session will explore the
gay, lesbian, bisexual and
providers need to know.

Call Mary A...
at (517) 886...
for information...
sponsor/exhibitor o...

costs of living in retirement, 3) how to promote economic security using the programs available.

- BUILDING CONSENSUS FOR QUALITY IMPROVEMENT
(repeat)
Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI
Leaders have the best intentions when they introduce change to improve performance, but they frequently find a good bit of resistance. This workshop will demonstrate techniques to encourage and focus participation so employees and other stakeholders support change.

- ISSUES IN SERVING GLBT SENIORS (repeat)
Keith Morris, JD, MPA, Elder Law of Michigan
This session will explore the unique issues facing gay, lesbian, bisexual and transgender seniors that providers need to know.

Call Mary Ablan
at (517) 886-1029
for information about
sponsor/exhibitor opportunities.

WORKSHOP REGISTRATION

Please send this form with your conference registration.

Thursday, May 21

Morning workshops:

- Developing a Person-Centered Approach
- Introduction to Death Review Boards
- Issues in Serving GLBT Seniors
- Medicaid Eligibility for Long Term Care—Part I
- Community Partnerships for Senior Health
- Michigan's Gatekeeper Program

Afternoon workshops:

- Developing a Person-Centered Approach (repeat)
- Locating Affordable and Accessible Housing
- Building Consensus for Quality Improvement
- Medicaid Eligibility for Long Term Care—Part II
- Medicare Update
- Person-Centered Information & Assistance

Friday, May 22

Morning workshops:

- Person-Centered Capacities for Care Managers
- Using Appreciative Inquiry to Build on Your Workplace's Strengths
- Cultural Competence with Refugees
- How to Start a Productive Group and Keep It Going
- Disability & Aging Network Partnerships
- Medicare Update (repeat)

Afternoon workshops:

- Self-Direction in Aging Care Management
- What it Costs to Retire and Pay for Long Term Care
- Building Consensus for Quality Improvement (repeat)
- Issues in Serving GLBT Seniors (repeat)

ADA ACCOMMODATIONS

If you require accommodations to permit your attendance or participation, please send a written request to Lynn Gustafson at the AAAAM office by April 20.

CONFERENCE REGISTRATION

22nd ANNUAL CONFERENCE
AREA AGENCIES ON AGING ASSOCIATION

Call 1-800-875-5090 for a room reservation. A single room double rate is available through April 20.

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Daytime phone: _____

Special dietary needs: _____

Earlybird Registration (deadline is April 20)

Both days _____ \$225
_____ \$225

One-day _____ \$110
____ May 21 or ____ May 22 _____ \$110

Registration after April 27

Both days _____ \$225
_____ \$300

One-day _____ \$110
____ May 21 or ____ May 22 _____ \$110

Return to: AAAAM
6105 West St. Joseph
Lansing, Michigan 48226
Phone (517) 886-1029, fax (517) 886-1028

Cancellation Policy: The registration fee will be refunded if the registration is cancelled before April 20. Cancellations made after this date will be billed \$110. Individuals who registered without paying, will be billed \$110 for the fee incurred by their registration.

CONFERENCE REGISTRATION

22nd ANNUAL CONFERENCE OF THE AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN

Call 1-800-875-5090 for a room reservation. A special \$94 single/
double rate is available through April 20—mention our conference.

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Daytime phone: _____

Special dietary needs: _____

Earlybird Registration (deadline is April 27)

Both days ___ \$220 (member & assoc. member)
 ___ \$260 (non-member)

One-day ___ \$120 (member & assoc. member)
___ May 21 or ___ May 22 ___ \$140 (non-member)

Registration after April 27

Both days ___ \$260 (member & assoc. member)
 ___ \$300 (non-member)

One-day ___ \$160 (member & assoc. member)
___ May 21 or ___ May 22 ___ \$180 (non-member)

Return to: AAAAM
6105 West St. Joseph, Suite 204
Lansing, Michigan 48917
Phone (517) 886-1029, fax (517) 886-1305

Cancellation Policy: The registration fee, minus a \$20 processing fee,
will be refunded if the registration is cancelled by May 14. No refunds
will be made after this date. Individuals who do not attend, but have
registered without paying, will be billed \$80 per day to cover food costs
incurred by their registration.



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YOU'RE INVITED TO THE 22ND ANNUAL CONFERENCE