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**WHAT IF I HAVE AN
OLDER RELATIVE
WHO NEEDS HELP
IN ANOTHER
STATE?**

No problem. AAAs are all over
the U.S.A. and there's a toll-free
number to help you find the
right one—

1-800-677-1116.

It's called the Eldercare Locator.

MISSION

**COLLECTIVE VOICE AND ACTION TO
PROMOTE HEALTHY AGING,
DIGNITY AND INDEPENDENCE**



●
**ANSWERS
ON
AGING**



**AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN**

6105 W. St. Joseph, Suite 204
Lansing, Michigan 48917

Phone: 517-886-1029

Fax: 517-886-1305

Website: www.mi-seniors.net

Tel: 517 886 1029

WHAT ARE AREA AGENCIES ON AGING?

Area Agencies on Aging (AAAs) provide assistance to older adults and caregivers looking for information and resources.

Created by Congress in 1973, AAAs have developed many new programs like home-delivered meals, home care, and transportation. AAAs do not provide services directly, rather, they contract with over 1,200 local organizations to provide services. There are 16 AAAs in Michigan and over 600 nationwide.

Whether you are an older adult, a person with a disability, or a caregiver concerned about someone's well-being and independence, AAAs are ready to help. Some questions, like how to get a meal at home, can be answered quickly. Other problems may be more difficult, requiring experienced and knowledgeable advice.

That's where we come in—we've got many of the answers. If we don't, we know where to look.

WHAT IS THE AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN (AAAAM)?

The AAAAM was created in 1975 by Michigan's AAAs to disseminate information about public policy developments in Lansing, provide education, business development and other services to member organizations, and coordinate advocacy efforts across the state on behalf of older Michigianians. In 1977, AAAAM created the Michigan Senior Advocates Council (MSAC), a group of experienced leaders from across the state who meet in Lansing monthly and share their views with Legislators.

The aging network's advocacy efforts have resulted in one of the first state prescription drug programs in the nation, more funding for home-delivered meals, in-home services, and supports for caregivers, and the creation of the MI Choice Medicaid Waiver that keeps young and old adults with serious disabilities out of nursing homes as long as possible.

In 1984, AAAAM joined with the Office of Services to the Aging, Blue Cross Blue Shield of Michigan, and AARP to create the Medicare Medicaid Assistance Program (MMAP). Anyone with questions about health benefits can call a toll-free hotline for assistance—**1-800-803-7174**. MMAP relies on over 400 trained volunteer counselors.

CAN I HELP AAAAM IN ITS ADVOCACY WORK?

Yes! Individuals can support us (and stay on top of what's going on) by joining as Associate Members. They'll receive a weekly faxed update, advocacy alerts, and other benefits.

For more information, go to www.mi-seniors.net.

JOIN US!

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